

Sonoma Valley Fire District

Parent Guide to Fire Safety – 2025 School Presentations



This fall, SVFD firefighters visited local schools to teach children essential fire safety lessons. This guide summarizes what your child learned and provides simple take-home steps for families.

Calling 911

- Call only for real emergencies (fire, break-in, injury, breathing trouble).
- Help your child memorize their name, address, and phone number.
- Landline phones connect faster to dispatch than cell phones. When using a cell phone it may be faster to call 707-565-2121

Fire Safety Basics

- Never play with matches or lighters—tell an adult right away.
- Stay away from hot stoves/ovens.
- Turn pot handles inward to prevent spills.
- Only cook with adult supervision.

If Clothes Catch Fire

- Stop, Drop, and Roll – Stop moving, drop flat, roll back and forth.
- Cover face with hands to protect eyes and mouth.

<https://youtube.com/shorts/xnabkGQIXPA?si=Rz0NDR2IQSvp-wXn>

Escaping Smoke and Fire

- Stay Low and Go – Crawl under smoke to breathe cleaner air.

https://youtu.be/Fym_6D1J4fQ?si=BKXpjP3tdF1MzgKS

- Two Ways Out – Every room should have at least two exits (door + window).

<https://youtu.be/EKnUjC5xlgw?si=kr9C4mD1d8RNYQWl>

Home Safety Homework

- Test smoke detectors – every bedroom should have one.

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- Plan two ways out of your home.
- Choose a family meeting place outside (tree, mailbox, neighbor's house).

<https://youtu.be/KVPiUeSm-oE?si=Ymq5Hc3Sv00V17em>

Close Before You Doze

- Always close bedroom doors before sleeping.
- A closed door slows fire and smoke, giving more time to escape.

<https://youtu.be/Nu5ICj3LwqE?si=K6ghanpgBzC9bgxm>

If You Can't Get Out

- Don't hide—go to a window, yell, wave, or throw something outside to signal help.

Firefighters in Gear

- Firefighters may sound loud in masks and air bottles, but it's still us.
- Teach kids not to be afraid—make noise so firefighters can find them.

Special Safety Theme 2025: Lithium-Ion Batteries

- Only use the correct charger for batteries.
- Never leave batteries charging unattended.
- Ask an adult before plugging in or charging devices.

Practice fire drills at home, check detectors regularly, and talk through emergencies calmly. Together, we can keep our community safer.